

MKR Therapies, LLC
Mary Kate Robb, LCSW
(203) 556-7125
mkrtherapiesct@gmail.com

Parent Coaching Agreement
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Coaching Agreement Introduction

This document is intended to provide important information to you regarding your coaching. Please read the entire document carefully and be sure to ask your coach, Mary Kate Robb, LCSW, any questions that you may have regarding its contents.

This agreement is for parent coaching, not therapy. Coaching works with issues such as identifying and reaching your parenting goals and helping to make a plan towards changing the behaviors that aren't working well for you and may be impacted your parenting abilities. Coaching does not deal with issues such as depression and anxiety. Therapy deals with issues such as these, and if you are experiences these such issues or issues that are diagnosable within DSM-5 you must see a Physician or other Licensed Mental Health Professional in your location. Although you as a client may have a diagnosis, such as Asperger's Disorder, ADHD, or other DSM-5 diagnosis, coaching is not intended as a treatment or cure for that condition. By signing this agreement, you are agreeing that you understand the difference in these two functions and you will get appropriate professional help for mental health issues if necessary.

Information about Your Coach

Mary Kate Robb is a licensed clinical social worker (LCSW) in the state of Connecticut. That means that Mary Kate Robb has a Master's Degree in Social Work with a specialization in children and families and has completed 3000 supervised hours of therapy sessions and related professional activities and one licensing exam. She also completes 15 hours of Continuing Education per year in the field of Social Work related to Children and Families. She follows the ethics of the National Association of Social Workers. Licensed Clinical Social Workers are licensed and regulated in the state of Connecticut by the Department of Public Health.

Please free to ask questions at any time about your coach's background, experience and professional orientation.

Fees and Insurance

The fee for service is \$150 per individual 50 - 60 minute telephone or video session. Fees are payable through Venmo prior to the time that services are rendered.

Because coaching is not a medical treatment, typically insurance will not cover the cost. Some employers may cover some of the cost of coaching. It is your responsibility to pay for coaching and get reimbursed by your employer if that is the case.

Confidentiality

All information obtained in the course of the professional service is confidential unless there is a compelling professional reason for its disclosure. Your coach will disclose confidential information without a specific release if it is necessary to prevent foreseeable harm to the client's well-being or others. In all circumstances, your coach will be judicious in the amount of information that is disclosed. The coach may disclose confidential information without the consent of the client only as mandated or permitted by law. When possible, the coach will inform clients about the disclosure of confidential information and possible ramifications before the disclosure is made.

The coach will only disclose confidential information to third parties with the appropriate written consent.

The parents have access to the HIPAA Notice of Privacy Practices at www.hhs.gov. A copy can be provided if the parents do not have access to the internet.

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There are a few exceptions as noted in the HIPAA Notice of Privacy Practices. Details about certain of those exceptions follow:

1. The coach is required by law to report suspected child abuse or neglect to the proper authorities.
2. If a client tells the coach that he or she intends to harm another person, the psychotherapist must try to protect the endangered person, including by telling the police, the person and other health care providers. Similarly, if a client threatens to harm him or herself, or a child's life or health is in any immediate danger, the coach will try to protect the client and child, including, as necessary, by telling the police and other health care providers, who may be able to assist in protecting the client and child.
3. If a client is involved in certain court proceedings the coach may be required by law to reveal information about the client's progress. These situations include child custody disputes, cases where a patient's psychological condition is an issue, lawsuits or formal complaints against the coach, civil commitment hearings, and court-ordered treatment.
4. The coach may consult with other healthcare professionals about the client's treatment, but in doing so will not reveal the client's name or other information that would identify the client unless specific consent to do so is obtained from the client. Further, when the coach is away or unavailable, another coach might answer calls and so will need to have access to information about the client's treatment.
5. If an account with the coach becomes overdue and responsible parties do not work out a payment plan, the coach will have to reveal a limited amount of information about a patient's treatment in taking legal measures to be paid. This would include the client's name, social security number, address, dates and type of treatment and the amount due.

In all of the situations described above, the coach will try to discuss the situation with the client before any confidential information is revealed, and will reveal only the least amount of information that is necessary.

Legal Proceedings

The parents agree that if legal proceedings occur between the parent's and custody of or visitation with the children each of the parents and their attorneys will not require the coach to testify at any of the proceedings, because to do so would hurt the client's treatment, because the coaches role is a therapeutic and not evaluative one, and because other forensic professionals would be better able and more appropriate to conduct any necessary evaluation. Because of these limitations, the coach also will not be able to give any opinion regarding custody, visitation or any other legal issue. If such a proceeding does occur, the parents agree that the coaches role will be limited to providing another mental health professional appointed to perform such an evaluation, and/or to the attorneys, law guardian, if any, and the judge involved in the legal proceeding, written information regarding, and/or the record of, the child's treatment; the coach will provide these either as required by law or upon the authorization of either parent.

Appointment Scheduling and Cancellation Policies

In order to cancel or reschedule an appointment, you are expected to notify your coach at least 24 hours in advance of your appointment. If you do not provide at least 24 hours notice in advance, you are responsible for payment for the missed session.

Coach Availability

Email contact between sessions is welcome at mkrtherapiesct@gmail.com Your coach will respond within 24 hours of your email; however, your coach will address most issues within the regularly scheduled

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sessions. Everything possible is done to assure email and webcam confidentiality, but it cannot be guaranteed.

You may leave a message for your coach at any time on her voicemail, (203)556-7125. However, please note that this is a cell phone. If you wish your coach to return your call within, please be sure to leave your name and phone number(s), along with a brief message concerning the nature of your call and your coach will return your call within 24 hours.

In the event of a medical emergency or an emergency involving a threat to your safety or the safety of others, please call 911, 211 for Kids in Crisis, or the appropriate emergency service to request assistance. Your coach is not licensed to handle these matters.

About the Coaching Process

Sessions will be held over the phone or through internet webcams. It is your coach's intention to provide services that will assist you in reaching your goals. Based upon the information that you provide to your coach and the specifics of your situation, your coach will provide recommendations to you regarding the information provided, the specifics of the situations and the goals set. Coaches and clients are partners in the coaching process. You have the right to agree or disagree with your coach's recommendations.

Your signature indicates that you have read this agreement for services carefully and understand its contents. Please ask your coach to address any questions or concerns that you have about this information before you sign!

Please retain a copy of this agreement

This form should be signed electronically and emailed to Mary Kate Robb at mkrtherapiesct@gmail.com

Name of Client _____

Signature of Client _____ Date: _____

Name of Client _____

Signature of Client _____ Date: _____